



## Finding Quality Child Care

by Connie Blaine



Quality child care can be affordable if you research all your options. Money is available from the Department of Workforce Services for qualified working parents:

[http://jobs.utah.gov/occ/slideshow/CCSlideShow\\_files/frame.htm](http://jobs.utah.gov/occ/slideshow/CCSlideShow_files/frame.htm)

To find out more, contact the office of Child Care at 801 526-4340, or toll-free at 1-800-662-7390. Or to apply for child care assistance, please visit your local Department of Workforce Services employment center.

For help finding quality child care, contact your local **Child Care Resource and Referral Office:**

### **Bridgerland**

Serving Box Elder, Cache, and Rich Counties  
(435) 797-1552 or 1-800-670-1552

### **Northern Utah**

Serving Davis, Morgan and Weber Counties  
(801) 626-7837 or 1-888-970-0101

### **Metro**

Serving Salt Lake and Tooele Counties  
(801) 355-7444 or 1-800-839-7444

### **Mountainland**

Serving Summit, Utah, and Wasatch Counties  
(801) 222-8220 or 1-800-952-8220

### **Eastern Utah**

Serving Carbon, Daggett, Duchesne, Emery, Grand, San Juan and Uintah Counties  
(435) 613-5619 or 1-888-637-4786

### **Western Utah**

Serving Beaver, Garfield, Iron, Juab, Kane, Millard, Piute, Sanpete, Sevier, Washington, and Wayne Counties  
Training Information: 1-800-543-7527  
Technical Assistance: 1-888-344-4538  
Child Care Referrals: 1-888-344-4896

### Quality child care will include:

- small groups of children for each adult caregiver/teacher
- caregivers who show affection, attention and are committed to their jobs
- caregivers who continue their training and education in child development
- bright and colorful environments with natural light, and plenty of space for the children to play—both indoors and outdoors
- caregivers who encourage family participation and open communication
- creative and appropriate activities for the individual needs of the children
- programs licensed and monitored by the state

### On the Web:

<http://jobs.utah.gov/occ/Training/CCRR.asp>  
<http://jobs.utah.gov/occ/>